# SANDWICHES

includes up to 4 toppings, available on bagel & wrap (no additional charge) Applies to anything that has the option for bread. gluten-free bagel, sourdough baguette +\$1.50 / sourdough bread +\$2 / croissant +\$3

available on Rorie's gluten free bagel +\$1.50 (bracha hamotzi) sourdough bread is available in wheat and spelt +\$2

18 SABICH TOAST hummus, arabian salad, fried eggplant, sliced eggs, chermoula dressing, sourdough bread toast

SUN-DRIED TOMATO TOAST sundried tomato pesto, cream cheese, american cheese, feta cheese, arugula, creamy garlic, sourdough bread toast

AVOCADO TOAST 18 sourdough bread, guacamole, pickled onions, tri-color cherry tomatoes, sheep feta, arugula, optional add: sunny side up +\$2.50

10/16 **TUNA SANDWICH** 

available in classic tuna or Rorie's tuna

8.50 **EGG SANDWICH** 

available in sliced egg or egg salad. Add veggies of your choice

**AVOCADO SANDWICH** 10 available in sliced avocado, guacamole

**CREAM CHEESE SANDWICH** 6 available in classic cream cheese or scallion cream cheese

**BUTTER SANDWICH** available in classic butter or garlic butter + .50 each topping

## SUPERBOWL

Good Fro You - no added sweetener, sweetened with fruit. Add honey for a sweeter palate.

**PITAYA BOWL** 15 topped with: granola, blueberries, kiwi, slivered almonds

**ACAI BOWL** 15

topped with: granola, blueberries, mango

MACRO-BOWL "The goodness of the Superbowl transformed into a Macro meal that will fill and fuel you for hours. The fiber and whole carbs of fruit are balanced with the protein of cashew butter and healthy fat of avocado, stabilizing blood sugar and increasing satiation. Lick it clean and feel the difference"

STRAWBERRY MANGO MACRO-BOWL 18

topped with: blueberries, mango, red seedless grapes, almonds, chia seeds

BERRY BLAST MACRO-BOWL

topped with: red seedless grapes, blueberries, mango, walnuts, cacao nibs

CREATE YOUR OWN SUPERBOWL

base: pitaya bowl, acai bowl, strawberry mango macro bowl, berry blast macro bowl

#### 4 toppings included, each additional +\$2

honey - no charge, fresh kiwi, fresh banana, fresh mango, fresh pineapple, fresh red seedless grapes, frozen blueberries, large coconut flakes, cacao nibs, chia seeds, GF granola, slivered almonds walnuts, cashew butter, chocolate hazelnut butter

# SALADBOWLS

Check out our full selection of premium signature salads in our self-serve fridge

**CHOPPED SALADS** options: Israeli, Tomato Olive, Arabian 5/18

BUILD YOUR OWN SALAD

13.50

create your own salad, just the way you like it 32 Oz. Salad + 4 toppings + dressing

BASE:

romaine lettuce no greens

VEGGIES/ FIBER:

arabian salad israeli salad tomato olive salad beets shredded cabbage Red carrots shredded corn whole kernel

cucumber sliced eggplant fried +2.25 hearts of palm

hot peppers mushrooms fresh mushrooms portabella +2.25

mushrooms sauteed +2.25 onion fried +2.25

onion red sliced onions pickled onions sauteed +2.25

pepper red pepper yellow sour pickles

spaghetti squash tomato diced

tomatoes cherry watermelon radish

#### **FUN TOPPINGS:**

crispy onion +1.75 craisins +1.75 nish nosh crackers +1.75 croutons +1.75



## COMPLEX CARBS:

chickpea croutons +1.75 japanese sweet potato chips +1.75 tri-color quinoa +1.75

**HEALTHY FATS:** 

almonds slivered +1.75 avocado sliced +2.5 guacamole +3.5 olives green +1.25

### PROTEINS:

cheese shredded +1.75 cheese feta +3.50 eggs hard-boiled sliced +1.25 egg salad +3.50 tuna classic\* +3.50 tuna Rorie's +5.00

## DRESSINGS:

creamy garlic, balsamic & herb lemon tahini (vegan) creamy pesto honey mustard alonso cold pressed olive oil fresh lemon juice caesar dressing\* spicy mayo\* greek dressing\*

\* not Rorie Recommended

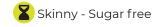
#### **DRESSING PREFERENCE:**

toss salad with dressing no dressing

do not toss salad / dressing on the side

toss salad dressing on the side toss salad w/ dressing & protein on side

Rorie's Recipe



ALLERGY ALERT: Please be aware that our food may contain or come in contact with common allergens such as dairy, eggs, soybeans, tree nuts, peanuts, fish, or wheat. All Gluten free ingredients are processed on gluten & grain equipment.

## CONSISTENTLY CRAVEWORTHY™

# HJMENU





**TOWN SOUARE: 371-5282** WESLEY: 362-1019 HAVAJAVAONLINE.COM



# COLDCUPS



ICED PASSION NANA TEA nana tea, passion tea, lemonade, fresh lemons, lightly sweetened

NEW! ELECTROLYTE SLUSHY

freshly squeezed lemon & orange juice, raw honey, Himalayan salt, fish collagen, ice: blended. powerful electrolyte drink packed with protein, vitamin C, potassium, magnesium, & other trace minerals.

9 CHUNKY CARAMEL FRAPPE caramels, dairy caramel sauce, milk, blended ice

SUMMER S'MORES FRAPPE 9 dairy caramel sauce, lotus cream, chocolate chips, milk, blended ice

SEVENTH HEAVEN CLUSTER

peanut butter, milk chocolate nuggets, chewy caramels, peanut clusters, ice cream, whipped cream

12 **CLOUD9 CLUSTER** lotus, ice cream, milk chocolate nuggets, whipped cream

COLLAGEN WHIPPED COFFEE 9.50 espresso, almond milk, maple syrup, ice cubes. Superpowers in a cup.

with proteins to keep you satiated, plus improve your skin elasticity, good for your bone density, and improve joint pain

9.50 **TOFFEE JAVA** 

espresso, ice cream, toffee flavor, blended, whipped cream

**CREMEOS** 9.50/10.50 ice cream, milk, whipped cream flavors available: pinkalicous, cookies & cream, rocky peanut, vanilla

FRAPPES espresso, blended ice, milk, whipped cream add a flavor; caramel.

french vanilla 9 **FRUTEO** 

blended ice, fruit base concentrate sweetened with sugar, flavors available: strawberry, mango. base available: milk, water, orange juice

SKINNY JAVA

espresso, blended ice, skim milk, homemade sugar free low calorie syrup

espresso, ice cubes, milk, whipped cream. flavors available: classic, caramel, vanilla, hazelnut, americano, caramel macchiato, caramel

HOTCUPS

available in skinny - available in decaf

7.50 CINNAMON ROLL LATTE espresso, steamed foamed milk, cinnamon, cream cheese frosting

7.50 CARAMEL MACCHIATO

espresso steamed foamed milk, dairy caramel sauce

7.50 SKINNY MUD

espresso, steamed skim milk, sugar-free low calorie mocha sauce

6.50 LATTE / CAPPUCCINO

espresso, steamed micro foamed milk. add a flavor: caramel, vanilla, hazelnut

8

SWISS CHOCOLATE MELT steamed foamed milk & melted real Swiss milk chocolate BREAKFASTMENU

**NEW! SPINACH EGG WHITE OMELET** 

3 farm fresh egg whites, fresh spinach leaves, served with a side of house salad & bagel

**TURKISH SHAKSHUKA** 20 grilled eggplant, chunky tomato shakshuka, poached egg, feta, bread

MORNING GLORY SOURDOUGH WAFFLE 20 spelt sourdough waffle, sliced avocado, poached egg, seasoned tomatoes, creamy garlic drizzle, arugula

RISING SUN SOURDOUGH WAFFLE 20 spelt sourdough waffle, fried onions & bell pepper saute, poached

egg, creamy garlic, arugula THE SHTETEL GRILLED CHEESE

20 authentic sourdough bread, shredded cheese, choice fillings, side house salad. filling choice: classic, sweet pepper & onion, fried onion, scrambled eggs

**RORIE'S BREAKFAST COMBO** 19

egg omelet filled with grilled pepper and onion medley, served with a side of house salad & GF bagel

13\15 **BREAKFAST EXPRESS** 

includes; bagel + eggs + coffee; choice of home fries, salad, or both

SPINACH EGG FLORENTINE

baked sweet potato, buttery scrambled eggs, fresh spinach, sheep feta cheese, hollandaise sauce

**SPECIALTY OMELET** 15 made with 3 farm fresh eggs, served with side house salad and bagel.

filling options: mushroom-onion, sauteed onions, sweet pepper &

SUNRISE CROISSANT SANDWICH 11

toasted french croissant, butter, egg omelet, tomatoes, american cheese

12 **PANCAKES** three pancakes, pancake syrup. filling choice: classic, choco chip, cinnamon roll

FRIED EGG SANDWICH 9.50 egg omelet, bread choice, vegetable toppings

13.50 **BREAKFAST BURRITO** shakshuka omelet, home fries, shredded cheese, wrap

10 **HOBO SANDWICH** fried egg omelet, home fries, bread choice

8 **FARINA** authentic Hungarian style, self serve at soup station

GREATBEGINNINGS

**BLOOMING ONION BITES** 18 battered & deep fried sweet onion petals, pizza sauce & honey

mustard dipping sauce

**CAULIFLOWER POPPERS** 20 crispy tempura coated cauliflower, sticky & spicy buffalo sauce, honey mustard dipping sauce

18 MOZZARELLA COILS crispy butter dough, melted mozzarella cheese, deep fried, marinara and blooming dipping sauces

**GARLIC BOMBS** 

15

crispy butter dough, melted cheese, herbed garlic coulis, deep fried, served with marinara dipping sauce

18

22

22

23

20

10

19

18

**CREAM CHEESE WONTONS** 

18 deep-fried wontons, cream cheese filling, served with marinara and spicy mayo dipping sauces

LUNCHMENU

**NEW! CRUSTY FISH & CHIPS** 

15 crusted salmon nuggets, potato fries, served with spicy mayo and buffalo sauce

HARVEST MACRO GRAIN BOWL

25 warm guinoa, sauteed kale, cooked beets, mushroom mix, roasted sweet potato, hemp seeds, chickpea croutons

dressing options: vegan tahini or creamy garlic

25 RAINBOW MACRO GRAIN BOWL warm brown rice, roasted delicata squash, cauliflower popcorn, radishes, roasted red onions, crispy lentils, avocado, greens, dressing options; yegan tahini or creamy garlic

CREAM ROASTED PEPPER PASTA

sweet roasted peppers, bell pepper cream sauce, parmesan cheese, flaked spicy pepper, penne

**BLISTERING TOMATO PESTO PASTA** 22

herbed greek yogurt pesto cream sauce, blistering heirloom tomatoes, parmesan cheese, penne

PENNE ALLA VODKA penne, pink cream sauce, parmesan cheese

HERBED SALMON PLATE 28 scottish salmon, creamy garlic, herbs & spices, choice of fish sides: home fries, quinoa, french fries, israeli salad, arabian salad, house

salad, roasted pepper medley 20

HERBED SALMON SLICE served on bed of greens

BAKED 'SITTY' SQUASH

spaghetti squash 'noodles', chunky marinara, sheep feta cheese, shredded cheese choice of: mushroom onion, pizza

DECONSTRUCTED QUINOA BURGER quinoa burger 'buns', fresh tomato, avocado, lettuce,

choice of: RR spicy onion dip or RR tuna (blessing: hadaama)

PIZZA BAGEL HJ handcrafted bagels, pizza sauce, exclusive cheese blend

SOUPS DU JOUR

nourishing veggie daily. Rotating: roasted garlic zucchini/ creamed broccoli/ french onion, self serve at soup station

9.50 **FRIES** 

classic + spicy + mixed options

DESSERT

FRIED CHEESECAKE HOLES & GELATO

indulgent cheesecake battered balls, strawberry reduction, vanilla bean gelato

**CHURROS & GELATO** 

brown sugar cinnamon spiced churro sticks, strawberry reduction, vanilla bean gelato, sauce on the side: chocolate sauce