

LUNCHMENU

HARVEST MACRO GRAIN BOWL 25 warm quinoa, sauteed kale, cooked beets, mushroom mix, roasted

sweet potato, hemp seeds, chickpea croutons

dressing options: vegan tahini or creamy garlic

RAINBOW MACRO GRAIN BOWL
warm brown rice, roasted delicata squash, cauliflower popcorn,
radishes, roasted red onions, crispy lentils, avocado, greens,

dressing options: vegan tahini or creamy garlic CREAM ROASTED PEPPER PASTA

sweet roasted peppers, bell pepper cream sauce, parmesan cheese, flaked spicy pepper, penne

BLISTERING TOMATO PESTO PASTA

herbed greek yogurt pesto cream sauce, blistering heirloom tomatoes, parmesan cheese, penne

BLACKENED BUTTERNUT & FETA FOCACCIA 20 butternut squash, bell peppers, red onion, feta, garlic confit dipping

HERBED SALMON PLATE

scottish salmon, creamy garlic, herbs & spices, choice of fish sides: home fries, quinoa, french fries, Israeli salad, arabian salad, house

20

22

9

salad, roasted pepper medley

HERBED SALMON SLICE
served on bed of greens

PENNE ALLA VODKA

penne, pink cream sauce, parmesan cheese

BAKED 'SITTY' SQUASH

spaghetti squash 'noodles', chunky marinara, sheep feta cheese

choice of: mushroom onion, pizza

DECONSTRUCTED QUINOA BURGER
quinoa burger 'buns', fresh tomato, avocado, lettuce,
choice of: RR spicy onion dip or RR tuna (blessing: hadaama)

PIZZA BAGEL 10

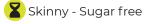
HJ handcrafted bagels, pizza sauce, exclusive cheese blend

SOUPS DU JOURNourishing veggie daily. Rotating: roasted garlic zucchini/ creamed broccoli/ french onion. self serve at soup station

FRIES 9.50

classic + Spicy + mixed options





ALLERGY ALERT: Please be aware that our food may contain or come in contact with common allergens such as dairy, eggs, soybeans, tree nuts, peanuts, fish, or wheat. All Gluten free ingredients are processed on gluten & grain equipment.

SALADBOWIS

Check out our full selection of premium signature salads in our self-serve fridge

CHOPPED SALADS
Options: Israeli, Tomato Olive, Arabian

5/18

BUILD YOUR OWN SALAD

13.50

create your own salad, just the way you like it

R BASE:

romaine lettuce no greens

VEGGIES/ FIBER:

Arabian salad Israeli Salad

Tomato Olive salad beets shredded

Cabbage Red

Carrots Shredded

Corn Whole kernel

Cucumber Sliced Eggplant Fried +2.25

Hearts of palm

Hot peppers

Mushrooms fresh

Mushrooms Portabella +2.25

Mushrooms sauteed +2.25

Onion Fried +2.25 Onion Red sliced

Onions pickled

Official pickled

Onions sauteed +2.25

Pepper Red

Pepper Yellow

Sour pickles

Spaghetti squash

Tomato Diced

Tomatoes Cherry Watermelon radish

FUN TOPPINGS:

Crispy Onion +1.75 Craisins +1.75

Nish nosh crackers +1.75 Croutons +1.75

COMPLEX CARBS:

chickpea croutons +1.75 Japanese sweet potato chips +1.75 tri-color quinoa +1.75

HEALTHY FATS:

almonds slivered +1.75 avocado sliced +2.5 guacamole +3.5 olives green +1.25

ROTEINS:

Cheese Shredded +1.75 Cheese Feta +3.50 Eggs Hardboiled sliced +1.25 Egg Salad +3.50 Tuna classic* +3.50 Tuna Rorie's +5.00

RESSINGS:

Creamy Garlic,
Balsamic & herb
Lemon Tahini (vegan)
Creamy Pesto
Honey Mustard
Alonso Cold pressed olive oil
Fresh Lemon Juice
Caesar Dressing*
Spicy Mayo*
Greek Dressing*

* Not Rorie Recommended

DRESSING PREFERENCE:

Toss Salad With Dressing

No Dressing

Do not toss salad / Dressing on the side

Toss salad dressing on the side

Toss salad w/ dressing & protein on side



Skinny - Sugar free

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STRAWBERRY MANGO FRUTEO

HOTCUPS available in skinny - available in decaf CREME BRULEE WHITE CHOCOLATE steamed foamed milk, dairy white chocolate chunks, & caramelized sugar. PB HOT CHOCOLATE 9 steamed foamed milk, swiss chocolate chunks, & peanut butter. CRANBERRY LEMONADE DRIZZLE cranberry juice, lemonade, sugar-free sweetener, steamed fresh lemon & cranberries. (non-dairy) 8 PASSION NANA TEA JRIZZLE nana, peach & passion tea, steamed lemonade & fresh lemons (nondairy). PRALINE BAR LATTE JROP 8 espresso, steamed foamed skim milk, sugar-free dairy chocolate sauce, & praline flavor. 8 **NUTTER FLUTTER LATTE** espresso, steamed milk, peanut butter, caramel sauce. CARAMEL COFFEE CLOUD 8 whipped coffee, steamed milk, caramel. COLLAGEN CASHEW LATTE 9 espresso, steamed foamed milk, collagen, cashew butter, silan, cinnamon. Super filling. Bursting with extra proteins, healthy fats, and good for you fiber. 7.50 CINNAMON ROLL LATTE espresso, steamed foamed milk, cinnamon, cream cheese frosting. CARAMEL MACCHIATO espresso steamed foamed milk, dairy caramel sauce. 7.50 **SKINNY MUD** espresso, steamed skim milk, sugar-free low calorie mocha sauce 6.50 LATTE / CAPPUCCINO espresso, steamed micro foamed milk, Add a flavor; caramel, vanilla SWISS CHOCOLATE MELT steamed foamed milk & melted real Swiss milk chocolate. COLDCUPS available in skinny - available in decaf

TOFFEE JAVA

rocky peanut, vanilla

FRAPPES

french vanilla

espresso, ice cream, toffee flavor, blended, whipped cream

ice cream, milk, whipped cream flavors available: cookie & cream,

espresso, blended ice, milk, whipped cream add a flavor: caramel,

9.50

8

COATMEAL

9.50/10.50

strawberry puree, mango puree, milk, sweetener, blended ice	
SKINNY JAVA espresso, blended ice, skim milk, homemade sugar free low calori	8 ie syrup
ICED LATTE espresso, ice cubes, milk, whipped cream. Flavors available: caramel, vanilla, americano	6/7 classic,
BREAKFASTMENU	
TURKISH SHAKSHUKA Grilled Eggplant, chunky tomato shakshuka, poached egg, feta choice	20 a, bread
MORNING GLORY SOURDOUGH WAFFLE spelt sourdough waffle, sliced avocado, poached egg, se tomatoes, creamy garlic drizzle, arugula	20 easoned
RISING SUN SOURDOUGH WAFFLE spelt sourdough waffle, sweet onion & bell pepper saute, crear cheese, poached egg, arugula	20 m
THE SHTETEL GRILLED CHEESE authentic sourdough bread, american cheese, choice fillings, shouse salad. Filling choice: classic, sweet pepper & onion, crisonion, scrambled eggs	
RORIE'S BREAKFAST COMBO egg omelet filled with pepper medley, side house salad	19
BREAKFAST EXPRESS	13
includes; bagel + eggs + coffee; choice of home fries, salad, or	both
SPINACH EGG FLORENTINE	20
baked sweet potato, buttery scrambled eggs, fresh spinach feta cheese, hollandaise sauce	
SPECIALTY OMELET	15
made with 3 farm fresh eggs, served with side house salad. fill options: mushroom onion, fried onion, roasted pepper medl	
SUNRISE CROISSANT SANDWICH toasted french croissant, butter, egg omelet, tomatoes, american cho	11 eese
PANCAKES Three pancakes, pancake syrup. Options: classic, choco chip, cinnamon roll	12
FRIED EGG SANDWICH egg omelet, bread choice, vegetable toppings	9.50
BREAKFAST BURRITO shakshuka omelet, home fries, shredded cheese, wrap	13.50
HOBO SANDWICH fried egg omelet, home fries, bread choice	10
FARINA authentic Hungarian style, self serve at soup station	8

GREAT	B E	GIN	N	NGS
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PRETZEL FINGERS	18
chewy sticks filled with cream cheese & mozzarella cheese.	pizza
sauce & spicy mayo dipping sauces	

MONKEY BREAD RING 23 pillowy doughy pull aparts, filled with shredded cheeses, topped

with herbs & garlic. garlic coulis dipping sauce.

BLOOMING ONION BITES 18

battered & deep fried sweet onion petals. pizza sauce & honey mustard dipping sauce

CAULIFLOWER POPPERS

crispy tempura coated cauliflower, sticky & spicy buffalo sauce, honey mustard dipping sauce

MOZZARELLA COILS crispy butter dough, melted mozzarella cheese, deep fried, marinara and blooming dipping sauces

SANDWICHES

CARICHTOACT

includes up to 4 toppings. available on bagel & wrap (no additional charge) Applies to anything that has the option for bread. gluten-free bagel, sourdough baguette +\$1.50/sourdough bread +\$2/croissant +\$3

available on Rorie's gluten free bagel +\$1.50 (bracha hamotzi) sourdough bread is available in wheat and spelt +\$2

SABICH TOAST	18	
hummus, arabian salad, fried eggplant, sliced eggs,	chermoula	
dressing, sourdough bread toast		

SUN-DRIED TOMATO TOAST 18 sundried tomato pesto, cream cheese, american cheese, feta

cheese, arugula, creamy gariic, sourdough bread toast	
AVOCADO TOAST	18

sourdough bread, guacamole, pickled onions, tri-color cherry tomatoes, sheep feta, arugula, optional add: sunny side up +\$2.50

TUNA SANDWICH	10/16	ô

available in classic tuna or Rorie's tuna

EGG SANDWICH	8.50
available in cliced egg or egg salad	Add veggies of your choice

available in sliced egg or egg salad. Add veggles of your choice

AVOCADO SANDWICH	10
available in sliced avocado, quacamole	

CREAM CHEESE SANDWICH available in classic cream cheese or scallion cream cheese

BUTTER SANDWICH available in classic butter, garlic butter + .50 each topping

DESSERT

9

FRIED CHEESECAKE HOLES & GELATO	19
indulgent cheesecake battered balls, strawberry reduction,	vanilla

bean gelato CHURROS & GELATO 18

brown sugar cinnamon spiced churro sticks, strawberry reduction, vanilla bean gelato



Full of fiber and protein. Spiced with cinnamon. Self-serve at soup



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